

DOCTORS OF BC
2022
AWARDS



Better. Together.

CONGRATULATIONS

Every year, we acknowledge the outstanding contributions of physicians, residents, and medical students around the province with our Doctors of BC Awards. Congratulations to all 2022 recipients, each of whom has made a real difference for patients, the profession, and our health care system. Award recipients will be recognized at the annual awards event held on January 28, 2023 at the Sheraton Vancouver Wall Centre Hotel.

Questions? Email awards@doctorsofbc.ca.



Our colleagues and leaders in our communities who work to bring people together to create better health for all deserve to be celebrated. The dedication to their diverse communities, and their patients, is nothing short of exemplary. These are the physicians, medical students, and organizations that improve the lives and health of British Columbians. As a physician, I know the importance of the connections you make with your peers, groups that share your values, and most importantly, your patients. I am privileged to acknowledge the incredible work and achievements of these award recipients you will witness at the 2022 Awards Gala. I know you will be just as proud as I am to be working alongside people dedicated to serving others, and honouring them this evening.

DR JOSHUA GREGGAIN
PRESIDENT, DOCTORS OF BC

DOCTORS OF BC

2022 RECOGNITION AWARDS

DR BILL CAVERS

served as a member on the Medical Services Commission for 5 years

DR ERNIE CHANG

served as a member on the Data Stewardship Committee for 6 years

DR NAOMI DOVE

served as a member on the Council on Health Promotion for 3 years

DR JEFF DRESSELHUIS

served 7 years on the Board of Directors, including 3 years as Chair

DR PETER GAJECKI

served as a member on the Specialist Services Committee for 5 years

DR MICHAEL GOLBEY

served as a member on the Governance Committee for 8 years, and Speaker of the RA for 3 years

DR ALAN GOW

served as Deputy Speaker on the Representative Assembly for 3 years

DR JIM GRAY

served as Co-Chair of the Guidelines and Protocols Advisory Committee for 7 years

DR ALAN HOFFMAN

served as a member on the Driver Fitness Medical Consultation Group for 5 years

DR CHERYL HUME

served as Chair of the Nominating Committee for 6 years

DR DARREN JONESON

served as a member on the Negotiating Forum for 3 years

DR MICHAEL KOLODZIEJCZYK

served as a member on the Advisory Committee on Diagnostic Facilities for 5 years

DR FRED KOZAK

served as a member on the Statutory Negotiating Committee and Negotiations Coordinating Group for 6 years

DR TRINA LARSEN SOLES

served as Chair of the Governance Committee, Statutory Negotiating Committee and Negotiations Coordinating Group for 6 years

DR JENNIFER LEAVITT

served as a member on the Council on Health Economics and Policy for 3 years

DR EUGENE LEDUC

served as a member on the Digital Information Privacy and Security Committee for 6 years

DR KEVIN MARTIN

served as a member at large on the RA, Nominating Committee and Board of Directors for 5 years

Committee Recognition Awards are given to members for their long service to Doctors of BC. Recipients of these awards must have served a minimum of three years on a single committee and no longer be active on any other Doctors of BC committees/governing bodies or actively applying for any Doctors of BC committee or governing body position.

DR ANTHON MEYER

served as a member of the Negotiations Forum for 7 years

DR MICHAEL MORAN

served as a member on the Statutory Negotiating Committee and Negotiations Coordinating Group for 5 years

DR DAVID RICHARDSON

served as the Editor of the *BC Medical Journal* for 14 years

DR STEPHEN ROOME

served as a member on the Council on Health Economics and Policy for 3 years

DR ROBIN ROUTLEDGE

served as a member on the Joint Standing Committee on Rural Issues for 4 years

DR SHIRLEY SZE

served as a member on the Council on Health Promotion for 6 years

DR CHRISTOPHER STEWART-PATTERSON

served as a member on the BC Road Safety Strategy Steering Committee for 3 years

DR MIKOLAJ SZPAKOWICZ

served as a member on the Tariff Committee for 9 years and on the Patterns of Practice Committee for 6 years

DR EVERT TUYT

served as a member on the Governance Committee for 3 years

DR DAVID WILTON

served as a member on the Statutory Negotiating Committee and Negotiations Coordinating Group for 10 years

CHANGEMAKER AWARDS

Each year the Changemaker Award honours one medical resident and one medical student who have demonstrated exemplary leadership and dedication in advancing the policies, views, and goals of Doctors of BC or a resident or student organization through grassroots advocacy efforts.



STUDENT CHANGEMAKER
—MR ISHMAM BHUIYAN

A strong advocate for social justice, Mr Ishmam Bhuiyan is a co-founder of COVID-19 Coming Together, a mutual aid group that organized pandemic-related relief around Greater Vancouver. He has continued this work with the UBC COVID-19 Task Force, advocating for the safety of his fellow students. As well, he spearheaded the first harm reduction and drug-checking efforts at UBC's Vancouver campus, and undertook a number of projects as chair of the UBC Social Justice Centre. His activism runs the gamut from housing justice and harm reduction, to tackling the climate emergency—his dedication is renowned.



RESIDENT CHANGEMAKER
—DR KIMBERLEY CHANG

A family medicine resident, Dr Kimberley Chang's perseverance has resulted in an important research project, which she spearheaded on her R2 year's rural rotation in Vanderhoof. The goal was to determine if it was possible to undertake an oral penicillin allergy challenge in a rural setting. After more than 100 hours of work and numerous obstacles, the project was green-lit in February 2022. The results will support the provision of excellent patient care in rural communities, as well as reducing costs.

BCM JH MACDERMOT PRIZE FOR EXCELLENCE IN MEDICAL JOURNALISM

These annual awards recognize the best independent and mentored articles written by medical students in BC and published by the *BCM Medical Journal*. By providing these awards, the *BCM J* aims to encourage medical students to experience the challenges and rewards of medical publishing and to inspire the next generation of authors.



INDEPENDENT ARTICLE
—MR ALESSANDRO CAU

Mr Alessandro Cau is a fourth year medical student at the University of British Columbia. He is passionate about all things medicine as well as research and health care quality improvement. Throughout medical school and his future career, Mr Cau hopes to help make the health care system more safe, accessible, equitable, and efficient. Outside of school, he enjoys playing soccer and tennis, and spending time with friends and family. He won the MacDermot Prize in the unmentored category (written without a physician co-author) for his article, *Sodium-glucose cotransporter-2 inhibitors: A new era of kidney care*.

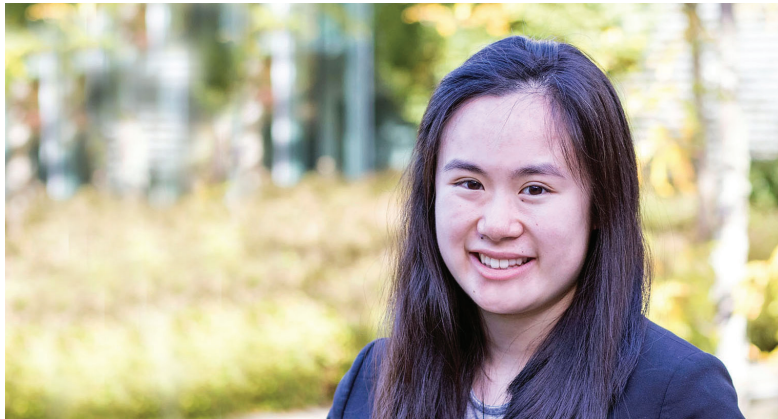


MENTORED ARTICLE
—MS RAHEESA JINA

A third year UBC medical student of the Vancouver Fraser Medical Program, Ms Raheesa Jina has a longstanding passion for women's health. From leading gynecologic research projects to reproductive and sexual health initiatives with the Canadian Federation of Medical Students, she hopes to continue empowering women and promoting their health and safety. She was awarded the MacDermot Prize in the mentored category (as part of an author team that includes physicians) for her article, *Managing menopause part 1: Vasomotor symptoms*.

DOCTORS OF BC PRESIDENTIAL SCHOLARS AWARD IN MEDICINE

This annual entrance award funds all four years of medical school, including tuition, textbooks, and student fees. Recipients must demonstrate outstanding academic performance and community involvement, with an emphasis on health care improvement. This is the fourth year the award has been granted.



MS EMILY LAM

Ms Emily Lam was born in Brampton, ON and grew up in Port Moody, BC. She completed her BSc in health sciences (population health) at Simon Fraser University in 2022, and is currently a first year medical student in the Vancouver-Fraser Medical Program at UBC. She is interested in pursuing a career in pediatrics, health education, and health policy to promote equitable health and well-being for children in her community. She hopes to combine her lived experiences, kindness, and empathy with her medical knowledge to provide holistic and thoughtful care.

DR DAVID M BACHOP GOLD MEDAL FOR DISTINGUISHED MEDICAL SERVICE

The Dr David M. Bachop Gold Medal is given to a BC doctor who has made an extraordinary contribution in the field of organized medicine and/or community service. Achievement should be so outstanding as to serve as an inspiration and a challenge to the medical profession in BC.



DR SHANNON MCDONALD

An exemplary medical leader in Indigenous health, Dr Shannon McDonald is the Chief Medical Officer of the First Nations Health Authority. Her work has been consistently recognized over the course of her storied career, and includes receiving the 2022 National Healthcare Leadership Award from Health Care Excellence Canada and the First Nations Health Managers Association. Her work in protecting and promoting the health of Indigenous people in BC is rooted in collaboration, and she is a champion of institutional change. She has influenced many, and her work is a benchmark for outstanding creativity, fostering a healthy community, and cultivating safe spaces.

DR DAVID M BACHOP SILVER MEDAL

The Dr David M Bachop Silver Medal in general medical practice is presented annually to the UBC family practice resident or the practice-eligible British Columbia registered general practitioner who achieves the best overall result in the Family Practice Certification.



DR ALYSSON HAMILTON

Dr Alysson Hamilton is a resident family physician in the Kootenay Boundary Family Practice Residency Program. She currently lives in Rossland, BC. Originally from Salmon Arm, she is passionate about rural family medicine and is a keen cross-country skier. What she values most in medicine is the interaction between the physician and the patient, and family medicine allows for that longitudinal supportive relationship. She enjoys preventative health and knowing patients in the context of their community.

COUNCIL ON HEALTH PROMOTION 2022 AWARDS OF EXCELLENCE

These awards recognize an individual, a BC-based non-profit organization, and a BC-based company that are working to improve the health and safety of British Columbians. Nominees must have demonstrated a concern for health and safety through specific actions or initiatives. These actions must show ingenuity and creativity, and have resulted in change with the potential for positive, long-term improvement.



INDIVIDUAL—MS CAMILLE CURRIE

The founder of grassroots patient advocacy group BC Healthcare Matters, Ms Camille Currie's impassioned organizing to build a better health care system in the province has made a major difference. As a result of her leadership, the organization gathered more than 50,000 signatures on a petition presented to the provincial government as part of a campaign for timely patient access to family doctors for all British Columbians who need one. Ms Currie and her committed team of volunteers also organized two successful rallies at the BC legislature, and her work has shone a light on the primary care crisis at a crucial juncture.

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BC-BASED NON-PROFIT—THE COLOUR PROJECT

Staffed by trained volunteers, The Colour Project provides free, anonymous, one-to-one, and day-to-day emotional support via text to help people who are struggling with anxiety and/or depression. While not a crisis line, The Colour Project provides a safe space for mutual support and active listening. Volunteers undergo training informed by mental health professionals, and provide options for people to connect and talk. The initiative has its own app for volunteers to use, which ensures message centralization and user safety. Since its January 2021 launch, more than 100 peer support volunteers have been trained and have assisted more than 250 help-seekers. In total, 40,000 messages have been exchanged to date across Canada.



BC-BASED ORGANIZATION—CHILD & YOUTH MENTAL HEALTH COMMUNITY OF PRACTICE

A provincial group focused on identifying gaps in care for children and youth with mental health and substance use concerns, the Child and Youth Mental Health and Substance Use Community of Practice (CYMHSU CoP) began in 2017. Since then, the group has hosted educational events on adverse childhood experiences (ACEs), which have raised awareness and informed stakeholders about ways to mitigate their effects. The CoP elevates the voices of physicians who are passionate about the welfare of children and youth, allows them to collaborate with others on a large scale, and is a respected initiative among other organizations in the province seeking to do similar transformative work.

CMA HONORARY MEMBERSHIP

Honourary membership to the Canadian Medical Association goes to BC doctors who, at the age of 65, have been active members of the association for at least 10 years. Recipients are held in high regard by their colleagues; they are humanitarians who have put into practice the aims and ideals of our profession, and exemplify the words of the CMA Coat of Arms: *integritate et misericordia*—integrity and compassion.

DR JEFF BECKMAN

Described as the “neurologist’s neurologist,” Dr Beckman is well-known for being a strong mentor to many in the field, consistently providing sage advice. He was residency director of UBC’s Neurology program from 2002-2011, and his commitment to teaching has been nothing short of superb. He was also one of the founding members of the Vancouver General Hospital Stroke Program and won the prestigious Master Teacher Award from the same facility.

DR BAKUL DALAL

A humanitarian, scientist, hematopathologist, teacher, and medical leader, Dr Dalal is highly respected in the health care community. Internationally recognized for his contributions to medical science and teaching, he has been awarded the UBC Faculty Excellence in Teaching Award as well as the Doctors of BC Silver Medal of Service.

DR NASIR JETHA

A past president of Doctors of BC (2011-2012), Dr Jetha is a clinical professor emeritus of pediatrics at the University of British Columbia. He is dedicated to his patients and the community, volunteers internationally with various humanitarian causes, and has won the Doctors of BC Silver Medal of Service as well as the Wyatt Teaching Award of Excellence.

DR EDWARD KROLL

Dr Kroll has had a truly extraordinary career as a dedicated clinician over the past decades, from working in BC’s far north to Lions Gate Hospital on Vancouver’s North Shore. A tireless advocate and astute physician, he cared for his many patients across the spectrum of family medicine. His knowledge of electronic medical records and IT influenced his many projects both with Doctors of BC and many others. The influence of his knowledge saw many positive changes that contributed to improved efficiency and enhanced care.

DOCTORS OF BC SILVER MEDAL OF SERVICE AWARD

The Doctors of BC Silver Medal of Service is awarded to physicians who have made outstanding contributions to medicine and/or the improvement of British Columbians’ welfare.



DR KEN BURNS

Having begun his full-service family practice in Maple Ridge in 1980, Dr Burns’ storied career has seen him serve many groups, from his work as the inaugural chair of the Ridge Meadows Division of Family Practice to his previous tenures as president of both the Ridge Meadows Hospital Medical Staff Association and the same site’s Physician Engagement Society. He has been a long-standing member of the UBC Faculty of Medicine, mentoring many medical students as well as family practice residents. His welcoming and respectful nature earned him the respect of many colleagues throughout his impressive medical career.

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DR HYMAN FOX

Dr Hyman (Hymie) Fox is recognized for his outstanding record of service with Doctors of BC and BC Family Doctors over the last four decades. He has served on numerous committees within both associations, bringing his strategic insight and creativity to each endeavour. With 14 years of experience on the Doctors of BC Statutory Negotiations Committee, he has been a voice of thoughtful consideration regarding fair economic reward for physicians, and a consistent source of innovative ideas. Dr Fox has done all of this and more while maintaining a busy full-service family practice, where his level of care towards his patients, staff, and colleagues, is well known. He currently still serves on the Negotiations Coordinating Group.

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DR IAN GILLESPIE

A consultant psychiatrist with a practice in his hometown of Victoria, Dr Ian Gillespie has been involved with Doctors of BC for the past four decades. His varied roles include serving as president of the association (2010-2011), as well as numerous positions on various committees. These include 27 years on the Council on Health Promotion, with 6 1/2 of those years as chair; a member of the information technology, physician health, and emergency medical services committees; along with serving on the board for more than a decade. His work on these committees, along with that of the Physician Health Program and the Canadian Medical Association, demonstrate his varied interests and strong commitment to excellent medical care and physician wellbeing.

DR DON RIX AWARD FOR PHYSICIAN LEADERSHIP

Established in memory of the late Dr Donald Rix, this award recognizes lifetime achievements and exemplary physician leadership so outstanding that it serves as an inspiration and a challenge to the medical profession in British Columbia.



DR FAISAL KHOSA

A respected radiologist and scholar, Dr Faisal Khosa's work as an advocate for equity, diversity, and inclusion makes him a worthy winner of the Don Rix Award. He has coached hundreds of students and physicians from underrepresented groups in academia at UBC, Vancouver Coastal Health, and more. With 257 peer-reviewed publications to his name, Dr Khosa is spearheading crucial research in gender and racial disparities in academia. He has also won an array of accolades, from the BC Achievement Foundation—Mitchell Award of Distinction, to the UBC Distinguished Achievement Award for Equity, Diversity, and Inclusion. His sustained commitment to equity makes him an inspiration to many.

