You are doing amazing things, and we want to hear about them

alling all readers: we want to hear from you!

The BC Medical Journal is a unique publication—it is the only provincial medical journal in Canada and one of Doctors of BC's longest-running member benefits. And it is you, our readers and colleagues, who contribute to its success and quality. We are proud and humbled to fa-

cilitate communication between doctors of all specialties throughout our beautiful province. We know from reader research that physicians across all disciplines read the *BCMJ*,

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so if your article is published here, I would argue that more of your colleagues are likely to see it than if it were published in any other journal.

In the first quarter of 2023, we received more submissions than ever before, and we couldn't be happier about it. We have been impressed by the work being done by some of our province's largest screening programs, such as breast cancer, colon cancer, and lung cancer screening. UBC medical students continue to contribute in the BCMD2B category, which highlights a promising future for our profession, and the BCMJ remains a place to learn about timely public health issues such as increasing rates of syphilis and opioid use. I want to encourage our readers to continue the good work of writing for the journal. Physicians from across our province are doing amazing things, and our mission is to share that information. Tell us what you're up to!

Clinical articles are always welcome, including papers on randomized controlled trials, retrospective cohort studies,

and quality assurance projects. Remember that medical learners are often seeking research and writing mentorship, and this can be a good way to get our newer colleagues involved in medical writing. If research is not your cup of tea, consider submitting a Clinical Image with an accompanying description or a short blurb for our online Blog. We also recently in-

troduced a new article type—BC Stories—where we encourage you to tell us about an experience in your life outside of medicine, whether tales of the arts, athletics, travel,

or humanities from around BC. Finally, if you've got an opinion to share, then tell us what you *really* think. The Premise category includes essays and opinion pieces on any medicine-related topic, and Letters to the Editor are a quick way to share your point of view.

Diversity is essential; it enhances the quality of health care we can offer to patients, and when we share experiences from our diverse physician workforce, we have an opportunity to advance the culturally sensitive and appropriate care we provide, leading to better health outcomes. Our province's diverse population comprises individuals from a variety of ethnic, cultural, and socioeconomic backgrounds, each with unique health care needs. The more we communicate, the better we foster a collaborative and inclusive health care system that benefits everyone in British Columbia.

—Caitlin Dunne, MD

Letters to the editor

We welcome original letters of less than 500 words; we may edit them for clarity and length. Letters may be emailed to journal@doctorsofbc.ca, submitted online at bcmj.org/ submit-letter, or sent through the post and must include your mailing address, telephone number, and email address. Please disclose any competing interests.

Thank you to Dr Brian Day

I wanted to pass on a thank you to Dr Brian Day for not being afraid to use his voice and for advocating for a better health care system over the years. His words have become more compelling to me with time, and I think they are more poignant than ever.

Every doctor I have met has a passion unique to themselves. Some of those passions and practices can't be justified within the funding of the existing public health care system. That's not all bad. But I, like Dr Day, it seems, wish there was more flexibility to innovate both inside and outside the existing system. I truly believe it would benefit more people, regardless of income.

—Darren Jakubec, MD Smithers

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