

Mr Anthony Knight, new CEO of Doctors of BC

Mr Knight answers the Proust Questionnaire, telling us a bit about himself and his role, which he calls a curious mix of role-playing, politics, and science.



What alternative profession might you have pursued, if given the chance?

When I was a child, I loved learning about space and the work of astronauts. I've had the chance to meet Chris Hadfield, and I remain inspired by the scientific pursuits of the space program and the stamina required to become an astronaut. I was also really interested in theatre in high school; I received a scholarship and some awards but didn't see it as a career. I've also followed and been interested in the workings of governments and politics. My profession today has a curious mix of role-playing, politics, and science . . . so I may have found just the right professional pursuit.

What is your greatest fear?

Loss of loved ones too soon.

What is the proudest moment of your career?

Joining Doctors of BC.

What do you most value in your colleagues?

Professionalism, a sense of duty, and commitment to our members.

Which talent would you most like to have?

I would love to be a better golfer. I have managed to learn French as a second language and would like to have time to learn more languages. I have fun during family karaoke nights—singing terribly, according to my children.

What is the trait you most deplore in yourself?

Being too focused on the destination and not soaking up the joy of the journey.

What is your most marked characteristic?

My sense of humor.

What do you consider your greatest achievement?

Being a father to my children is certainly my most precious responsibility and one that I treasure deeply. As a professional, I have sought to continue to improve my skills, whether it was by completing my MBA part-time, completing my second language training, or recently completing my Institute of Corporate Directors designation. Investing in my personal development and growth is important for me and the people I lead.

What is your favorite activity?

Summer days on Grand Lake with my family and friends.

What is your idea of perfect happiness?

My family together, just being.

What is your favorite place?

Sitting next to a fire with my family.

Who are your heroes?

My father was born into a farm family. He lost his father during his teen years and was in a position to find a path for himself with the help of my grandmother and a supportive, caring uncle. He raised a family with my mother, owned a farm, and later launched a successful business while being active in the community and in politics. His love of family, determination, and focus are inspiring to me.

On what occasion do you lie?

To protect the ones I love from harsh realities.

Which words or phrases do you most overuse?

Threading the needle.

What is your favorite book?

A Promised Land by Barack Obama.

What technological advancement do you most anticipate?

Robots that will clean my house (well).

What is your greatest regret?

Not spending enough time with my children.

What is your motto?

Life is not a straight line. ■