

# Dr Toye Oyelese

Dr Oyelese answers the Proust questionnaire to share a little about himself.



**What profession might you have pursued, if not medicine?**

Software programming.

**Which talent would you most like to have?**

World-class guitar player.

**What do you consider your greatest achievement?**

Raising two amazing young men (my sons).

**Who are your heroes?**

I don't have any heroes, but I have a lot of respect for Muhammad Ali, Martin Luther King Jr., Nelson Mandela, and Maya Angelou.

**What is your idea of perfect happiness?**

Enough worries to keep me occupied and enough joy to keep me satisfied.

**What is your greatest fear?**

Heights, and people who have nothing to lose.

**What is the trait you most deplore in yourself?**

My talkative nature.

**What characteristic do your favorite patients share?**

Respect and genuine appreciation.

**What is your favorite activity?**

Mentoring.

**On what occasion do you lie?**

When telling the truth would do more harm than good.

**Which words or phrases do you most overuse?**

"Where do I go from here?"

**What is your favorite place?**

My mind.

**What medical advance do you most anticipate?**

Gene therapy.

**What is your most marked characteristic?**

Audaciousness.

**What do you most value in your colleagues?**

Honesty and hard work.

**What is your favorite book?**

*Animal Farm.*

**What is your greatest regret?**

Too little time.

**What is the proudest moment of your career?**

Requalifying to practise in Canada, against all odds.

**What is your motto?**

First be your own best friend, and then do the same for others.

**How would you like to die?**

With dignity.

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*Dr Oyelese is a family doctor in West Kelowna, where he practises comprehensive, longitudinal family medicine. He believes that family physicians are specialists in primary care and that healthy patients need healthy, well-balanced physicians. He is also the incoming president of BC Family Doctors.*

## Submit a Proust questionnaire

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