

## Resources for diverse patient care

The JCCs continue to work with Doctors of BC and the BC government to ensure alignment with their digital health strategies. Find a list of virtual care resources for physicians and clinics at [www.CollaborateOnHealthBC.ca/resources/virtual-care](http://www.CollaborateOnHealthBC.ca/resources/virtual-care). ■

—**Jiwei Li, MD**

—**Anthon Meyer, MD**

### References

1. BC Ministry of Health, Health Sector Information, Analysis & Reporting Division. MSP fee-for-service payment analysis 2015/2016–2020/2021. July 2021.
2. Digital Health Canada. Virtual care in Canada: Snapshots of innovative virtual care. Accessed 21 July 2021. <https://divisionsbc.ca/sites/default/files/Divisions/Kootenay%20Boundary/Misc%20-%20events-imag/Digital%20Health%20Canada%20Virtual%20Care%20in%20Canada%20vFinal%20DEC2-2019%5B1%5D.pdf>.

**G**lobally, there has been an increase in awareness of the need to acknowledge and respect the diversity of humankind. The same has been happening in the field of medicine, with the realization that not only does clinical care need to be tailored to the patient, but also how that care is delivered must be adapted. This need has been identified especially in the care of people of diverse genders and sexualities.

Optimal care for these patients can be influenced by many factors, including differences in cancer risks, respectful and appropriate acknowledgment of individuals' gender and sexuality, differences in treatment for youth and adults, and clarification of what treatment can be provided in primary care.

The number of resources available to support the care of patients of diverse genders and sexualities is increasing, although finding resources relevant to your location and

specific patient can still be tricky. Librarians at the College have created a curated list of guidelines, reviews, books, and book chapters to support physicians in BC in providing knowledgeable care for these patients ([www.cpsbc.ca/files/pdf/Library-Sexual-and-Gen-Diversity-Resources.pdf](http://www.cpsbc.ca/files/pdf/Library-Sexual-and-Gen-Diversity-Resources.pdf)). The content ranges from specific care guidelines to recommendations for office procedures, and contains information aimed at both primary care physicians and specialists.

Information about providing care in BC is also available from many health authorities. A notable example is Trans Care BC from the Provincial Health Care Authority ([www.phsa.ca/transcarebc/health-professionals](http://www.phsa.ca/transcarebc/health-professionals)). The site offers information about the resources, guidelines, and procedures for the care of trans patients for both primary care physicians and specialists.

Looking to expand your knowledge beyond the resources suggested here? Request a literature search from the College Library at [www.cpsbc.ca/registrants/library/make-request](http://www.cpsbc.ca/registrants/library/make-request). ■

—**Chris Vriesema-Magnuson, Librarian**

*This article is the opinion of the Library of the College of Physicians and Surgeons of BC and has not been peer reviewed by the BCMJ Editorial Board.*

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