

Dr Ramneek Dosanjh

Dr Dosanjh answers the Proust Questionnaire, telling us a bit about her life and what drives her.



What profession might you have pursued if not medicine?
Human rights activist.

Which talent would you most like to have?
To be able to heal the world.

What do you consider your greatest achievement?
Defying the odds by regaining function after being paralyzed.

Who are your heroes?
My parents because of all the sacrifices they made and the spirits they embody. Abolitionists. Colleagues. Humans who continually sacrifice to serve humanity or fight injustice.

What is your idea of perfect happiness?
Spending time with loved ones in the sun, sand, ocean.

What is your greatest fear?
Not honoring my spirit and not living my purpose. My children not living their fullest expression of themselves.

What characteristics do your favorite patients share?
Honesty, grace, kindness.

What are your favorite activities?
Traveling, cooking, and dancing with my three daughters.

Where would you most like to practise?
Places with limited access to health care, with marginalized populations.

What do you most value in your colleagues?
Camaraderie, integrity, intelligence, vulnerability.

What are your favorite books?
I Know Why the Caged Bird Sings, by Maya Angelou. *A Man's Search for Meaning*, by Dr Viktor Frankl. *The Power of Now*, by Eckhart Tolle. *The Conscious Parent*, by Shefali Tsabary. *When Breath Becomes Air*, by Dr Paul Kalanithi.

How would you like to die?
Peacefully alongside my loved ones, knowing I had lived my life to the fullest.

What is your greatest regret?
Staying in situations that did not honor my spirit. ■

Dr Dosanjh is a family physician, hospitalist, and child and youth mental health advocate in White Rock and is the current president-elect of Doctors of BC, becoming president in January.

Submit a Proust questionnaire

Online: www.bcmj.org/submit-proust-questionnaire

Email: journal@doctorsofbc.ca. We'll send you a Word document to complete and email back to us.