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mood and anxiety disorders, PTSD, or substance use.

Support recovery services and relapse prevention

Support Recovery Services

To facilitate recovery and allow for community reintegration, Support Recovery Services provides a safe, supportive, and stable temporary environment to facilitate recovery. This service solidifies relapse-prevention skills while recovering patients are living in a safe setting.

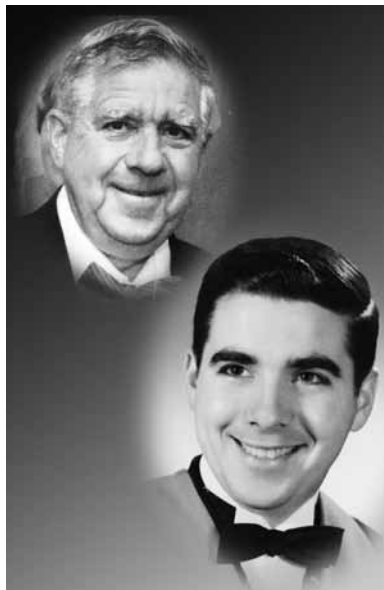
Relapse Prevention Medical Monitoring Services

Coming soon, WorkSafeBC will be contracting with a provider for Relapse Prevention Medical Monitoring Services. These services are designed to ensure compliance with a patient's customized relapse-prevention agreement while under clinical supervision. Medical monitoring will include random biological testing, regular PharmaNet reviews, and ongoing accountability sessions to ensure engagement in recovery activities.

For further information or assistance regarding a worker's mental health condition or substance-use issues, contact either a medical advisor in your local WorkSafeBC office, or the claim manager for your patient, or make the request on your Form 8/11. You can also call the new WorkSafeBC physician hotline (1 855 476-3049), which is available to external prescribers who have patients with active WorkSafeBC claims. The hotline is staffed by in-house and external medical experts in addiction who can provide counseling in management of opioids, tapering, nonpharmaceutical strategies, harm reduction programs, community resources, and referrals. It is open weekdays from 8:30 a.m. to 4:30 p.m.

—Michelle Tan, MD, CCFP
Medical Advisor, Health Care Programs, WorkSafeBC

obituaries



Dr Addie Charles McGregor Ennals 1937–2019

It is with sadness that we announce the passing of Dr Addie Charles McGregor Ennals (Charles). Born in the King's Daughters' Hospital in Duncan on 13 June 1937, he passed away from postoperative complications following emergency surgery in Nanaimo.

After graduating from Cowichan Secondary School, Charles entered Victoria College and was then admitted to the UBC Faculty of Medicine, graduating in 1962. The inaugural issue of the *UBC Medical Journal* was printed in that year, highlighted by a comprehensive eight-page article written by this fourth-year student, titled "Trends in BC medical care." How prophetic was his vision! This was an evolving but tumultuous time in Canadian medicine, and Charles indeed contributed to its successful transition. He practised family medicine for 40 years, predominantly in Cowichan, where he quickly gained respect from his colleagues and was elected to the position of president of the medical staff at Cowichan

District Hospital from 1974 to 1977. During that time a gradual transformation to a regional referral centre took place under his diplomatic and able hand.

When medical care insurance was established in BC, the BCMA was very much involved in setting up the honor system of billings that is the mainstay of our system today. Charles was astutely appointed to the Patterns of Practice Committee, which he chaired from 1971 to 1987. He then represented the BCMA on the Medical Advisory Committee and Audit Inspection Committees of MSP until 2005. For his many contributions, he was deservedly awarded an honorary membership in the CMA in 2006.

Charles was active in politics as well, first as vice president and treasurer of the BC Social Credit Party from 1969 to 1970, and as a candidate for the provincial legislature in four elections. He was also a member of the Malaspina University-College Board, and chair from 1990–92. For 33 years Charles was also a member of the Zenith Gyro Club of Duncan.

Retirement for Charles and Jill (his bride for 48 years) led them back to Jill's family homestead farm at Craig Bay in Parksville where they became active at growing produce, selling vegetables and eggs, and interacting with their market clients. Charles dreamed of playing the bagpipes again, but his wind was just not sufficient. Perhaps there will be a skirl of the pipes heard where this fine man now rests.

—Jill Ennals, RN
Nanose Bay

—Donald R. Hilton, MD, FRCPC
Chemainus