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Ready or not for the CCFP exam

An environmental scan and resident rating of available study and exam-preparation resources for the Canadian Certification Examination in Family Medicine.

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The College of Family Physicians Canada (CFPC) conducts a biannual Certification Examination in Family Medicine. There is a disparity between the pass rates of practice-eligible candidates and residency-trained candidates. The **Table** (page 87) provides a current and comprehensive list of resources available to physicians preparing for the CCFP exam. This list contains resources beyond those on the CFPC's study resources web page. While the heterogeneity of the listed resources may complement the wide variety of study strategies that candidates employ, the quality of these resources is highly variable. We conducted an online

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search for resources clearly identified as specific to preparation for the CCFP exam. Current residents and practice-eligible candidates were surveyed nationally to critique the completeness of the list and name missing resources. Over a 3-month period, 495 CCFP exam candidates from across Canada attending The Review Course in Family Medicine were asked to peer-review and rate the resources. The survey response rate across all five sites was 48% (n = 236). A complete list of peer ratings derived from survey data of the resources is available online at www.thereviewcourse.com/resources.

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Competing interests

Dr Dhillon and Dr Moore are founders of The Review Course in Family Medicine.

This article has been peer reviewed.

Table. Preparation resources for the Canadian Certification Examination in Family Medicine in alphabetical order.

Resources	Cost
Books	
Dash M, Arnold A. Guide to the Canadian Family Medicine Examination. McGraw-Hill Education. 2017. Paperback and e-book.	\$100.95
O'Toole D. Family Medicine Notes. Preparing for the CCFP Exam. 2019. Hard copy and e-book.	\$80.00–\$120.00
Ranev D, Pabani W. The Ninety-Nine: Study Guide for Canadian Family Medicine Residents. 2019. Paperback and e-book	\$47.61
Courses [in person]	
BC College of Family Physicians Exam Practice Session (Vancouver):* https://bccfp.bc.ca/professional-development/resources-for-all/ccfp-certification (office@bccfp.bc.ca)	\$575.00
Ontario College of Family Physicians, CFPC Certification Exam Workshop (Toronto):* https://ocfp.on.ca/cpd/credit-login/cfpc-certification-exam-workshop	\$1500
The Review Course in Family Medicine (Vancouver, Calgary, Toronto, Montreal): www.thereviewcourse.com	\$979.00 [†]
University of Calgary, Preparation Course for the CCFP Exam (Calgary):* https://cumming.ucalgary.ca/cme/event/2018-03-17/preparation-course-ccfp-exam	\$1550.00
E-newsletter	
The Review Course in Family Medicine, Exam Study Tips Newsletter: www.thereviewcourse.com/studytips	Free
Podcasts	
Dr Brady Bouchard podcasts: https://99topics.drbrouchard.ca	Free
Dr Mike Kirlaw podcasts: http://siouxlookoutareadocs.libsyn.com	Free
Online resources	
99 Topics for the CCFP, Study Notes (2016): http://99topics.drbrouchard.ca/studynotes.pdf	Free
CCFP, Exam Preparation: www.CCFPexams.com	\$150.00
CFPC, Evaluation Objectives: www.cfpc.ca/EvaluationObjectives	Free
CFPC, FAQs for the Certification Examination in Family Medicine: www.cfpc.ca/certification_FAQs	Free
CFPC, Sample SAMPs: www.cfpc.ca/uploadedFiles/Education/Sample-SAMPs.pdf	Free
CFPC, Self Learning Program: https://selflearning.cfpc.ca/#/lng-en/	\$236.00 ‡
CFPC, Self Study: www.cfpc.ca/HomeStudy	Free
CFPC, Simulated Office Orals (SOOs): www.cfpc.ca/SOOs	Free
CFPC, Preparing for the Certification Examination in Family Medicine: www.cfpc.ca/PreparingfortheFamilyMedicineExamination	Free
CFPC, Priority Topics and Key Features: www.cfpc.ca/PriorityTopics	Free
Family Medicine Study Guide (app): www.familymedicinstudyguide.com	\$19.99
McGill Family Medicine Exam Orientation Manual (2015/16): www.mcgill.ca/familymed/education/postgrad/exam	Free
Preparing for the CCFP exam 2015 (blog by a UBC resident): www.ccfpprep.com	Free
Review Course in Family Medicine, selected guidelines and helpful links: www.thereviewcourse.com/guidelines	Free
UBC CCFP Exam Prep: https://postgrad.familymed.ubc.ca/resident-resources/exam-information/exam-prep-resources	Free
UBC Wiki, Course:PostgradFamilyPractice/ExamPrep/99 Priority Topics: https://wiki.ubc.ca/Course:PostgradFamilyPractice/ExamPrep/99_Priority_Topics	Free
University of Calgary, Family Medicine, SAMP Overview (PowerPoint 2017): http://calgaryfamilymedicine.ca/residency/images/images/SAMP1s.pdf	Free
University of Manitoba CCFP study tips: http://umanitoba.ca/faculties/health_sciences/medicine/education/cpd/sdl/ccfp_studytips.html	Free

Prices are in Can\$ and reflect prices listed online at the time of article submission.

* Practice-eligible physicians only.

† Cost reimbursed for residents at some sites as part of their residency program or Resident Education Fund.

‡ Provided for free to residents by the CFPC.