

Dr Craig Rogers Arnold 1925–2015



After a full, happy, and accomplished life, Dr Craig Rogers Arnold died on 26 October 2015 of chronic heart failure. The medical profession has lost

a great colleague, and his family has lost a great member. Dr Arnold is survived by Lois, his beloved wife/companion/best pal of 61 years; four children, Susan, Barbara, Robert, and Nancy; and nine grandchildren, all of whom he was very proud. He is also survived by his sister Patricia Florence Kenyon of Vancouver.

Dr Arnold was born in Saskatoon, where he lived until he moved to attend medical school at the University of Western Ontario in London. Upon graduation he moved to Vancouver to intern and subsequently specialize in internal medicine. Having met his wife-to-be in Vancouver, he stayed and established a busy practice in internal medicine. Dr Arnold practised there for many years and was on attending staff at the Vancouver General, Shaughnessy, and Richmond Hospitals. He was also an associate professor of medicine with the University of British Columbia.

Dr Arnold was engaged in various administrative aspects of medicine as well, which he thoroughly enjoyed. Over the years he sat on many professional committees locally, provincially, and nationally. He served as the medical advisor to the Medical Services Association and was an elected member of the council of the College of Physicians and Surgeons of British Columbia. He became president of

the College in 1976, then joined the staff of the College as deputy registrar and became registrar in 1984, a post he held for 5 years until his retirement in 1989.

Early in his medical career Dr Arnold became a member of the Alpha Omega Alpha Honor Medical Society. Later in his career he became an honorary member of the College of Physicians and Surgeons of BC, and was a senior member of the CMA. Throughout his professional life he enjoyed many collegial and professionally rewarding relationships and friendships, which he cherished.

In his spare time Dr Arnold enjoyed gardening, fishing, and golf. Perhaps his favorite activity was taming the forest at his summer retreat at Dorcas Point on Vancouver Island. He was surrounded by a family that supported and cared for him very much. It was a life well lived. He will be missed.

—Rob Arnold, MD
Campbell River

—J.R. Harrigan, MD
Vancouver

Dr Margaret Lynn Holden 1948–2016



Dr Margaret Lynn Holden was born in Fredericton, New Brunswick, on 4 May 1948 to Dr Pat Holden and Mrs Doris Holden, and died on 1 December

2015. Because Dr Holden's father was in the military, the Holden family moved frequently, including to postings in Kingston, Germany,

Whitehorse, and eventually Victoria.

Dr Holden graduated with an honours degree in psychology from the University of Victoria prior to graduating from medicine at UBC in 1974. She had dreamed of becoming a doctor since she was a child. However, she was only able to practise for about 5 years because her professional life was cut short by chronic, debilitating depression. In spite of excellent medical care, her illness interfered with any ongoing medical work. This inability to fulfill her lifelong goal, and to ultimately specialize in neurology, was profoundly devastating to her. Thankfully, she was still able to pursue and enjoy various interests. Lynn was accomplished at swimming, cooking and baking, highland dancing, piano and trumpet, and loved classical music. She did things with dignity and a touch of class, and readily shared her radiant smile. Wherever Lynn lived she embraced the community and touched many lives. Her volunteer activities included Meals on Wheels, delivering meals she had prepared from her own kitchen, visiting the homebound, and at times providing overnight respite care to community members. The generosity and inclusivity she demonstrated while taking part in an eclectic mix of activities was inspirational for all who knew her. She was also a spiritual person, studying philosophy and religion, including Christianity, Judaism, and Hinduism, and she co-founded the Ecumenical Society on Gabriola Island.

Lynn is survived by her mother, Doris Holden; her sisters, Joan Rose and Jill Bruce (Lindsay); her nephew, Matthew Rose (Char); and her nieces, Anna and Claire Bruce. A heartfelt thank-you goes out to Drs Francois Bosman, Joris Wiggers, and Ralph

Shulman for their kind, compassionate care.

Lynn was so loved and will be sorely missed by her family and many friends.

—Lynn Kobierski, MD

Victoria

—Jill Bruce

Victoria

Dr Tom Martin 1934–2016



Dr Martin's medical career began in Newcastle upon Tyne, England. He graduated from Durham University Medical School and moved to Newfoundland

with his new wife, Brenda, where he completed a 1-year internship program. Dr Martin then decided to become a general practitioner and moved to Halifax to join a physician there.

After 4 years in practice he realized obstetrics was his real passion. During his residency program at Dalhousie University he developed an interest in toxemia and diabetes in pregnancy and did further year training at Harvard, and then in Augusta, Georgia.

Dr Martin returned to Canada to begin practising as an obstetrician in Halifax. Teaching medical students and residents at Dalhousie, dedicated care of his own practice, and spending time with his family and then four children led to a busy life. In 1979 Dr Martin was appointed associate professor at UBC and head of obstetrics at St. Paul's Hospital in Vancouver, so he headed for the West Coast.

After working at St. Paul's, Dr Martin became head of perinatology and a senior administrator at BC Women's Hospital. A desire to return to clinical practice then led to a move

to Chilliwack. He enjoyed 5 years of active practice in this small community until he retired in 2005.

Dr Martin enjoyed life by cycling in the countryside, playing tennis, dancing at Harrison Hot Springs, and spending time with his wife, children, and grandchildren. His passion for teaching and patient care was so well engrained that he ventured off to teach at the Aga Khan University in Karachi and in small communities in Pakistan from 1998 to 2003. Surgical assists and volunteering at the Chilliwack Hospital, when he returned from Pakistan, kept him involved in the medical community in his later years.

When he passed away on 4 February 2016, Dr Martin left behind many patients and physicians who were blessed by his dedication to clinical care and teaching within the medical community. He is no longer with us, but his legacy lives on.

—Kim Martin, MD
North Vancouver

Dr H.J.C. Scrimgeour 1932–2016



Dr Harry Scrimgeour passed away from pancreatic cancer after a long and varied career as a general practitioner. Left to mourn is Ismay, his wife

of 50 years, as well as many relatives, friends, and colleagues from around the world.

Dr Scrimgeour was born in Malaya while his physician father was practising medicine in that part of the British Empire. At age 5 he was sent home to Dollar Academy Boarding School in Scotland along with his brother, Neil, and graduated from medical school at the University of St. Andrews in 1957.

Called for national service, Dr Scrimgeour joined the Royal Army Medical Corp and was initially sent to Singapore but was later seconded to the King Edward VII Gurkhas and posted to northern Malaya and Borneo. Following his national service, he worked in Singapore before joining his physician brother, Neil, in Perth, Australia. He then served at the Grenfell Mission in northern Newfoundland for 8 years, followed by a return to Australia for 3 years, and 2 years spent teaching family practice residents through the University of Mississippi, in Jackson, before he realized that Vancouver was the place to live and practise.

During his 18 years in Burnaby, Dr Scrimgeour worked with Dr Ann Byrne and Dr Shelley Ross in a full-service family practice. He was always good with a scalpel and included many an office procedure for his patients in his practice.

Dr Scrimgeour had always been a great athlete, and swimming became a passion in his later years. He also spent his leisure time reading nonfiction and traveling, and developed an interest in gemology while in Vancouver.

Dr Scrimgeour was greatly adored by his patients, who were sad to see him retire to his Scottish homeland. He moved back to Crail, a stone's throw from St. Andrews—where his medical career began—and was cared for in his last days in the setting where he trained.

—Shelley Ross, MD
Burnaby

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