

## Remembrance

Lind Grant-Oyeye, MD, FRCPSC

It used to flow like an ocean with gentle waves,  
like a waterfall which caressed the core.  
Marathons they had run together, but now crawl through highways,  
highways which seem dark and lonely.  
She tries to remember all that they used to do together,  
but remembrance is a word too tough to recall,  
too tough to remember the forgotten.  
Together, they had embraced life but  
She knows it is gone with the winds, thin air some might say.  
All that is left is the nostalgia of the waterfall that used to be.



---

Dr Grant-Oyeye is a Nigerian-born physician who has practised on several continents. She enjoys working with her colleagues and multidisciplinary teams in Prince George, BC.