## <u>special feature</u>

## **Specialty sections:** Mirroring medicine in the 21st century

The number of sections has grown from 24 to 40 in the past 10 years, representing approximately 10 963 practising physicians to advance the scientific, educational, and professional matters of their specialty and the section's economic affairs.

#### Gabrielle Lynch-Staunton, BFA, BEd

hile specialization is now an established part of the medical landscape, this was not always the case. In the 1920s medical specialties emerged and medical practice began to shift from home to office and hospital. Internal medicine and general surgery were

Ms Lynch-Staunton has worked as a sections coordinator with Doctors of BC since 2000.

This article was provided by the Physician and External Affairs Department of Doctors of BC and has not been peer reviewed by the BCMJ Editorial Board.

the first specialties recognized by the Royal College of Physicians and Surgeons of Canada in 1931. Since the 1950s general practice has become a specialty in its own right. As medicine changed, so did the range of specializations.

Every medical specialty at Doctors of BC is represented by a section. While sections vary greatly in their membership numbers, dues, activities, and history, they share the same purposes: to advance the scientific, educational, and professional matters of their specialty and, in particular, the section's economic affairs. When fee guide or billing issues arise, a section representative (the president or economics representative) can bring concerns to the Tariff Committee for discussion.

Ten years ago there were 24 sections; today they total 40 and represent approximately 10 963 practising physicians (52% GPs; 48% specialists). This sudden jump to 40 sections occurred following the dissolution of the BC Society of Internal Medicine. One of the oldest sections and created 62 years ago, the BC Society of Internal Medicine dissolved into nine sections after a ballot cast at their final fall meeting in 2005, voting unanimously in favor. Allergy & Immu-

### **Doctors of BC Sections**

- Anesthesia \*
- · Clinical Faculty †
- Dermatology \*
- · Emergency Medicine
- General Internal Medicine (CRIM) †
- General Practice \*
- · Hospital Medicine
- Laboratory Medicine \*
- · Occupational Medicine
- · Palliative Medicine †
- · Pediatrics \*
- Physical Medicine & Rehabilitation
- Psychiatry
- Public Health Physicians †
- · Radiology \*
- . Sport & Exercise Medicine

#### **Internal Medicine Subspecialties**

- Allergy & Immunology
- · Cardiology †
- · Critical Care Medicine †
- Endocrinology & Metabolism †
- · Gastroenterology †
- · Geriatric Medicine †
- · Hematology & Oncology †
- · Infectious Diseases †
- · Nephrology †
- Neurology
- · Respiratory Medicine †
- · Rheumatology

#### **Surgical Sections**

- Cardiac Surgery
- · Chest Surgery
- · General Surgery \*
- · Neurosurgery
- Obstetrics & Gynecology \*
- · Ophthalmology
- · Orthopaedics
- Otolaryngology
- · Plastic Surgery
- Surgical Assistants †
- Urology \*
- · Vascular Surgery

A list of sections and their presidents is available on the members' side of the Doctors of BC website.

Existed in the 1950s. † Created between 2004–2014

### special feature

nology, Neurology, and Rheumatology had already become independent sections before Internal Medicine's umbrella group fully disbanded—and since that time a few more sections have joined the ranks.

The Section of the Public Health Physicians is the newest section and is presided by Dr Réka Gustafson. This specialty deals with populations or groups rather than with individuals, and "much work remains, particularly in the context of continuing public health threats such as an aging population, the epidemic of chronic disease, preparing and responding to disasters and emergencies, and emerging infectious diseases."1

Nothing captures the exponential growth in medical procedures, services, and their related fees quite like the fee guide. It was not until the 1950s that the then BCMA had a provincewide fee scale for fee-for-service physicians. When comparing today's Doctors of BC Guide to Fees to a 1950s version with a one-page wee index,2 the differences are glaring. It's like comparing a tome to a booklet: 679 versus 53 pages and 4952 versus 1415 fee items. Physicians' fees have changed in the last half century too. The fee to perform an appendectomy for a perforated appendix was \$150 in 1957, while today's fee is \$495.

In 2013–2014 Doctors of BC hosted five successful events for section heads and representatives to ensure ongoing engagement and build relationships with sections. These events included the Audit and Billing Seminar, Negotiations Workshop, Special Services Committee Work Plan Seminar, Privileging Information Seminar, and, most recently, the Negotiations Update.

The history of specialty sections mirrors the rise and advancement of modern health care in BC. As the medical field continues to evolve. there will certainly be more sections in the future related to new technologies and discoveries as yet unknown.

#### References

- 1. Loh LC, Harvey BJ. A look to the past as we look ahead: The specialty of public health medicine in Canada. Can J Public Health 2013:104:e108-e110.
- 2. Canadian Medical Association, British Columbia Division. Minimum schedule of fees. 16 September 1957.

Dr Réka Gustafson, chair of the newly formed Public Health Physician Section of Doctors of BC, is featured in this issue's Proust questionnaire on page 46.

# college library

## Access the DSM-5 and more online

sychiatryOnline, a collection of e-books and journals, is now available via the College Library! Online access to publications from the American Psychiatric Association includes the new DSM-5 and associated books, as well as texts such as the American Psychiatric Publishing Textbook of Psychiatry. There are also more specific titles for geriatrics, pediatrics, therapeutics, traumatic brain injury, and veterans.

The PsychiatryOnline package contains American Psychiatric Association guidelines and four e-journals,

This article is the opinion of the Library of the College of Physicians and Surgeons of BC and has not been peer reviewed by the BCMJ Editorial Board.

including the American Journal of Psychiatry and Psychiatric Services.

To access PsychiatryOnline, go to the library website (www.cpsbc .ca/library) and click on the Books and Journals heading. Under the E-books heading, click on PsychiatryOnline. You will be asked to log in (using the same login you use to renew your College membership each year).

Once logged in to PsychiatryOnline, you will see a picture of DSM-5. To read this e-book, click on Explore the new edition. To view other titles, go to the light-blue menu bar at the top of the page and select DSM library (for DSM-associated books), Books, Journals, or APA Guidelines.

A search feature is available on the right-hand side of the webpage.

Enter a topic of interest, and click on the search button to see results from journals, books, and patient handouts. Filters are available to limit the results by publication type, date, or other parameters.

PsychiatryOnline complements the library's other psychiatry-related online resources including PsycINFO (found on the Databases page) and the Clinical Handbook of Psychotropic Drugs Online, found on the Point of Care Tools page.

-Niki Baumann, Librarian