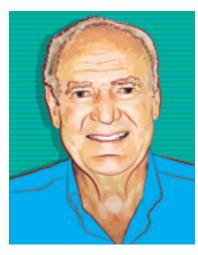
# back page

The Proust Questionnaire has its origins in a parlor game popularized by Marcel Proust, the French essayist and novelist, who believed that, in answering these questions, an individual reveals his or her true nature.

## Proust questionnaire: Peter Allen, MD



#### What profession might you have pursued, if not for medicine?

Geologist and mining engineer.

### Which talent would you most like to have?

To be able to influence people in a positive way.

### What do you consider your greatest achievement?

The initiation of open heart surgery in British Columbia on 29 October 1957 at Vancouver General Hospital.

#### Who are your heroes?

Sir Winston Churchill, Dr Frederick Banting, and Dr Rocke Robertson.

Dr Allen worked as a cardiac surgeon at Vancouver General Hospital and retired as emeritus clinical professor of surgery at the UBC School of Medicine. He now lives in Oakville, Ontario.

### What is your idea of perfect happiness?

A summer evening, sitting by the water with good friends and family with a glass of wine in hand.

#### What is your greatest fear?

Departing this world before I have achieved all my plans, simple as they are, to make a better world.

### What is the trait you most deplore in yourself?

Impatience—a trait I find difficult to control.

### What is your most marked characteristic?

Enthusiasm and eternal optimism.

### What characteristic do your favorite patients share?

The ability to take part in their own health care.

### Which words or phrases do you most overuse?

"Do I make myself clear?" and "On what do you base that statement?"

### What medical advance do you most anticipate?

The increasing ability to prevent or further retard arterial occlusive disease.

#### On what occasion do you lie?

When necessary in conversation to increase the self-confidence of others. Also when caught out in failing to do a household duty.

### What do you most value in your colleagues?

Reliability and ability to face reality.

#### What is your greatest regret?

Not having spent more time with my family during the early days of practice.

#### What is your motto?

Each day appreciate who you are and what you have.

#### How would you like to die?

In my sleep and thus avoid my family's exhaustion from a prolonged illness.

**Tell us a bit about yourself.** Please complete and submit a Proust Questionnaire—your colleagues will appreciate it.



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